

**Intermediate Life Support**  
**Provisional Course Programme**

Registration	09 30
Introduction	09.30 – 09-35
<b>Lecture:</b> Causes and prevention of Cardiac Arrest	09:35 - 10:05
<b>Skill station 1:</b> <input type="checkbox"/> The “ABCDE” approach	10:05 - 10:50
<b>Refreshment Break</b>	<b>10:50 - 11:05</b>
<b>Demo/Lecture</b> Cas Demo ALS algorithm	11:05 - 11:50
<b>Skill Station 2:</b> <input type="checkbox"/> Initial Resuscitation and Defibrillation	11:50 – 13:20
<b>Lunch</b>	<b>13.20 – 13:50</b>
<b>Skill Station 3:</b> <input type="checkbox"/> Airway and Breathing	13:50 – 14:30
<b>Targeted Training</b>	14:30 – 15:10
<b>Skill Station 4:</b> <input type="checkbox"/> CAS Teach	15:10 – 16:40
Summary and Debrief	16:40 – 16:45
Close	16:45

N.B. With smaller groups timing may vary

## Immediate Life Support

### Evaluation Form

In order to evaluate the course effectively, please complete this questionnaire as fully as possible

<b>Course Centre:</b>	<b>Date:</b>
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#### 1. How well did the course meet your objectives?

Not Very Well                      1            2            3            4            5            Very Well

Please Comment

#### 2. Did the ILS manual help you prepare for the course?

Not Very Well                      1            2            3            4            5            Very Well

Please Comment

#### 3. Which Topic(s) did you value most and why

#### 4. Which Topic(s) did you value least and why

#### 5. Would you recommend this course to your colleagues?

**6. Please rate the following elements in relation to the course**

Session/Lecture	Rating	Comments
<b>Lecture:</b> Causes and prevention of cardiopulmonary arrest	Unsatisfactory 1 2 3 4 5 Excellent	
<b>Skill Station 1</b> The ABCD Approach	Unsatisfactory 1 2 3 4 5 Excellent	
<b>Demo/Lecture</b> Cas Demo ALS algorithm	Unsatisfactory 1 2 3 4 5 Excellent	
<b>Skill Station 2</b> Initial Resuscitation and Defibrillation	Unsatisfactory 1 2 3 4 5 Excellent	
<b>Skill Station 3</b> Airway and Breathing	Unsatisfactory 1 2 3 4 5 Excellent	
<b>Targeted Training</b>	Unsatisfactory 1 2 3 4 5 Excellent	
<b>Skill Station 4</b> CASTeach	Unsatisfactory 1 2 3 4 5 Excellent	

**7. Are there any other comments you would like to make?**



## Immediate Life Support

### OUTCOME – BASED ASSESSMENT FOR

### Skill Station 1: The ABCDE Approach

### Skill Station 2: Initial resuscitation and defibrillation

Structure Skill Description	Process The action that the candidate demonstrates competently during the skills process	Outcome Desired Skill Outcome	Assessment Please tick	
			Achieved	Not Achieved
<ul style="list-style-type: none"><li>• Patient assessment using the ABCDE approach</li></ul>	Systematic use of the ABCD approach	Identify and treat any immediate problems		
<ul style="list-style-type: none"><li>• Correct performance of chest compressions</li></ul>	Hand Position, depth,rate,duty cycle and recoil of compressions, 30:2 ratio Avoids unnecessary interruptions in chest compressions	Support the circulation during cardiac arrest		
<ul style="list-style-type: none"><li>• Safe and effective use of defibrillator</li></ul>	Ensures safety of self and team during defibrillation. Correct application of self-adhesive pads. Manual Defibrillation – recognises shockable rhythm, correct choice of energy levels. Minimises pre-shock pause; warns team to stand clear, charges defibrillator with ongoing chest compressions. Tells person performing chest compressions to stand clear, delivers shock, ensures CPR resumes immediately AED – Switches on AED, follows prompts correctly and delivers shock safely	Safe and effective defibrillation with manual defibrillator or AED		

Candidate Name	Assessor Name
Achieved assessment outcome Yes/No	Date:



**Continuous ASSESSMENT FOR AIRWAY MANAGEMENT SKILLS**

Structure Skill Description	Process The action that the candidate demonstrates competently during the skills process	Outcome Desired Skill Outcome	Assessment Please tick	
			Achieved	Not Achieved
• Checking equipment	Checks equipment to be used in airway management	Equipment is ready to support airway management		
• Airway Assessment	Opens the airway using head tilt/chin lift, or jaw thrust manoeuvre, and establishes patency. Demonstrates the use of suction.	Airway is cleared and open		
• Airway maintenance	Demonstrates the correct sizing and insertion technique for oropharyngeal/ nasopharyngeal airways	Airway maintenance with the use of adjuncts		
• Artificial ventilation	Demonstrates effective ventilation using, the pocket mask and a self-inflating bag-mask device (two person), and the use of supplemental oxygen.	Ventilation is established with simple airway adjuncts		
• Securing the airway  OPTIONAL	Demonstrates the use of a supraglottic airway device. Attaches an oxygen delivery device and confirms effective ventilation	Airway is secured		

Candidate Name	Assessor Name
Achieved assessment outcome  Yes/No	Date: