

Who can I talk to?

The Clinical Nurse Specialist, who is part of the Respiratory Team, is available to offer advice and support. You can contact the Clinical Nurse Specialist as detailed below:

Gill Woods and Dawn Skinner

Telephone: 01205 446294

Bleep: Via Hospital Switchboard 01205 364801 and ask for Bleep 440



Respiratory Clinic

The Trust endeavours to ensure that the information given here is accurate and impartial.

If you require this information in another language, large print, audio (CD or tape) or braille, please email the Patient Information team at patient.information@ulh.nhs.uk

Respiratory Department

Pilgrim Hospital
www.ulh.nhs.uk

You have been referred to the hospital **Respiratory Clinic**. Your appointment date and time is enclosed.

You have been sent this appointment because you have chest symptoms that are worrying, either to yourself or your doctor.

The **Respiratory Clinic** is designed so that you may see a specialist as soon as possible. You will be under the care of the Consultant named on your appointment letter, the Consultant will not always see you personally, but a member of the Lung Team will see you.

You will be given a lot of information during your first visit. It is not always easy to remember everything that the doctor has said, therefore, it is a good idea to bring a relative or close friend to the hospital with you.

Please allow $\frac{1}{2}$ day for your hospital visit. Eat, drink and take your medication as normal unless directed otherwise.

On arrival

On arrival at the hospital please report to the Respiratory Department.

Most patients will be asked to have a breathing test and some will also be asked to have a CT scan.

Your first appointment

In the clinic, the doctor will ask you questions about your chest symptoms and carry out a physical examination. Once the physical examination is completed the doctor will discuss the finding of the examination and the results of any tests you have already had with you.

It will not always be possible to make a diagnosis during this first visit. Many patients will require further investigations before a

diagnosis can be made. These further investigations may be performed on your first visit. Your doctor will decide which investigations are appropriate and discuss them with you.

If possible, you will be given an appointment for your investigation before you leave the clinic. The clinic nurse or Specialist Nurse will give you further information about your investigation(s).

Blood tests are usually taken before you leave the hospital (sometimes they will be taken before you see the doctor).

The doctor may give you a prescription – there is a pharmacy at the hospital. Please remember to bring some money to pay for your prescription or proof that you do not have to pay.

What about transport

If you are coming to hospital by car there is limited parking available; disabled parking spaces are available. Please allow yourself time to park.

If you require an ambulance or ambulance car to bring you to your first appointment your GP should have arranged this for you.

The next step

A plan of care will be discussed so that you are aware of when to come back to see the doctor for results/further tests.

At your follow-up appointment the doctor will discuss the results of your investigations and any treatment that may be necessary.

Sometimes further investigations will be required. The doctor will discuss these with you and make the necessary arrangements.