

## Alcohol and drug use

The A&E Department sees some homeless people who have problems with alcohol or drugs. If you are one of them then there are several things we can do for you:

- Check that your blood sugar level is within normal range.
- Treat you with vitamins if you are in a confused or drowsy state.
- Offer you a prescription for vitamins if you are in danger of a severe deficiency.
- Fax a referral for you to the Drug and Alcohol Rehabilitation Team (DART), with your consent. DART will need a way of contacting you over the next few days. If you are staying in Nomad or the YMCA the staff there will be happy to have the referral sent to them, on your behalf.

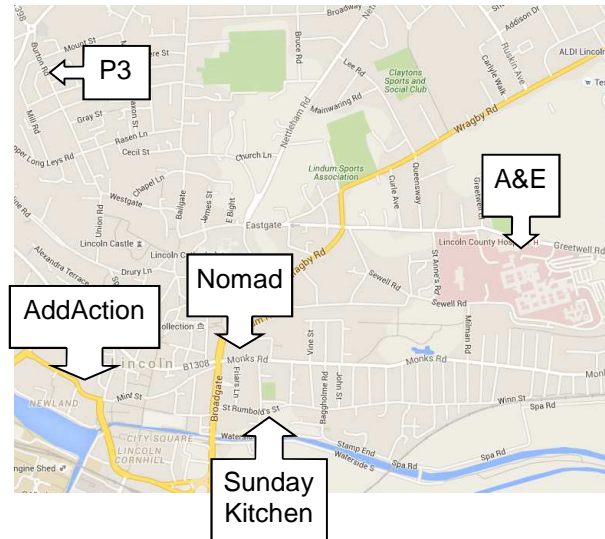
If you have no fixed abode at the moment, then AddAction are probably the best service for you to contact. They are easy to find as they are in the City Centre. They can be found at: The New Avenue, 26-30 Newland, Lincoln LN1 1XG. Their phone numbers are:

- 01522 305518
- 24/7 Helpline 0808 131113

If you are registered with a GP, they should also be able to arrange help for you.

## The Sunday Kitchen

The Sunday Kitchen can be found above the YMCA Gym on Rumbold Street. This service is run by Nomad and ECHO and they offer Sunday Lunch to homeless people from 13:15 to 16:00 on Sundays.



The Trust endeavours to ensure that the information given here is accurate and impartial.

If you require this information in another language, large print, audio (CD or tape) or braille, please e-mail the Patient Information team at [patient.information@ulh.nhs.uk](mailto:patient.information@ulh.nhs.uk)

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# USEFUL INFORMATION FOR PATIENTS WHO ARE HOMELESS

Accident and Emergency  
Department

Lincoln County Hospital

01522 512512  
[www.ulh.nhs.uk](http://www.ulh.nhs.uk)

## Local Council Housing Departments

The City or District Council in the area where you are normally resident will have a duty to find accommodation for you if you are:

- Not 'voluntarily' homeless and
- In 'severe need', as defined by the Housing Act 1996 (pregnant; with dependant children; severely vulnerable due to old age, illness, disability; or, homeless due to a disaster such as fire or flooding)

### Lincoln City Council

- 01522 873777 in hours
- 01522 544813 out of hours

### West Lindsey District Council

- 01427 676676 in hours
- 01427 613960 out of hours

### North Kesteven District Council

- 01529 414155 in hours
- 01529 308308 out of hours

### East Lindsey District Council

- 01507 601111 in hours
- 07766 776447 out of hours

### North Lincolnshire District Council

- 01724 297000 in hours
- 01724 297777 out of hours

## The P3 Homeless Outreach Service

P3 are funded by Lincolnshire County Council to provide two services in the county:

- Floating Support - who work with people to maintain their tenancies and live independently, aiming to prevent people becoming homeless. And;
- Street Outreach - who work with people who have found themselves rough sleeping.

Both services have the combined aim to work closely with individuals and positively tackle homelessness across the county.

Contact details (they have an answerphone out of hours)

- 0808 2810280
- 0300 3039622
- [www.p3charity.org](http://www.p3charity.org)

## The Nomad Trust Night Shelter

The Nomad Trust at 15a Monks Road in Lincoln (LN2 5HL) provides rough sleepers and the homeless of Lincoln City an emergency bed. They can accommodate 23 people per night and up to 26 during the severe weather, when severe weather emergency protocols are active. When the shelter is full, they are there to offer blankets, hot drinks, food and clothing. The service users sleep in dormitories and there are showers and laundry facilities available. They also provide a hot meal in the evenings plus breakfast in the morning.

The shelter is open 365 nights a year and they also offer support services during the day to help with housing, benefits, Doctors registration and much more. They also have an onsite Mental Health worker. The night shelter opens at 20:30. People need to be there by 20.25. Agencies can call 'out of hours' to make an emergency referral.

### Contact details

- 01522 883703 (Mon to Fri 9am to 4pm)
- 07494 130764 (out of hours 8.30pm to 8am)
- [office@nomadtrust.org.uk](mailto:office@nomadtrust.org.uk)
- [www.nomadtrust.org.uk](http://www.nomadtrust.org.uk)
- Facebook-The Nomad Trust
- Twitter @NomadTrust

