

## Useful contacts

[Supportline@Sarcoma.org.uk](mailto:Supportline@Sarcoma.org.uk)

[info@sarcoma.org.uk](mailto:info@sarcoma.org.uk)

East Midlands Sarcoma Support Group

<https://Sarcoma.org.uk/supportgroups>

Meet on the 3rd Tuesday of each month in Leicester 5pm to 7pm

Macmillan Cancer Information + Support Centre, Lincoln County Hospital Tel: 01522 573799

[www.nice.org.co.uk](http://www.nice.org.co.uk)

Independent organisation providing guidance on promoting good health and preventing/treating ill health

[www.teenageconcertrust.org.uk](http://www.teenageconcertrust.org.uk)

[www.willowfoundation.co.uk](http://www.willowfoundation.co.uk)

[www.honeyrosefoundation.co.uk](http://www.honeyrosefoundation.co.uk)

The Trust endeavours to ensure that the information given here is accurate and impartial.

If you require this information in another language, large print, audio (CD or tape) or braille, please email the Patient Information team at [patient.information@ulh.nhs.uk](mailto:patient.information@ulh.nhs.uk)

Excellence in rural healthcare

  
United Lincolnshire  
Hospitals  
NHS Trust

## Macmillan Clinical Nurse Specialist Service for Sarcoma

[www.ulh.nhs.uk](http://www.ulh.nhs.uk)

## **This leaflet is aimed at offering support and information for you and your relatives from the time you are first diagnosed**

### **How my service will help you**

- Provide ongoing advice and information
- Give advice and information about radiotherapy, chemotherapy and any side effects
- Give advice regarding fatigue, travel, wig information, diet, financial concerns etc
- Work closely with other healthcare professionals involved in your care and refer you to their services when required
- Provide continuing support for you and your family during and after treatment acting as your key worker

### **Key worker**

As a key worker I will be your main point of contact, giving support during and after your treatment.

If at any point a member of your local community team is more appropriate to be your key worker, then we can discuss this together.

It is not unusual for your key worker to change during your care pathway.

Your GP, District Nurse or Community Macmillan Nurse may be your key worker in the future.

## **Contact information**

### **Julie Coventry**

Macmillan Clinical Nurse Specialist for Neuro-Oncology and Sarcoma.

Monday, Tuesday and Friday excluding Bank Holidays

**Office Telephone: 01522 572313**

There is an answer-phone service where messages are checked daily. All messages will be returned though this may not always be on the same day.

**Please always leave your name and contact telephone number.**

I cover all of the hospitals in the Lincolnshire area and my office is based at Lincoln County Hospital.

Lincolnshire is part of the East Midlands Sarcoma Service.  
[www.eastmidlandssarcoma.org.uk](http://www.eastmidlandssarcoma.org.uk)

In my absence the Sarcoma Clinical Nurse Specialists and physiotherapist may be contacted for advice.

Leicester - Anita Pabla: Tel: 0116 258 5583  
Monday, Tuesday, Thursday and Friday

Nottingham Nicola Wilshaw: Tel: 0115 969 1169 ext 55605  
Lynsey Green (Physio): Tel: 07812268743  
Monday to Friday