

## Useful contacts:

### Bliss

The special care baby charity, provides vital support and care to premature and sick babies across the UK. Founded 30 years ago, we offer guidance and information at a critical time in families' lives.

[www.bliss.org.uk](http://www.bliss.org.uk) Freephone Helpline 0500 618140

### La Leche League GB Breastfeeding

For friendly mother-to-mother breastfeeding support from pregnancy through to weaning.

Helpline 0845 120 2918 [www.laleche.org.uk](http://www.laleche.org.uk)

### National Breastfeeding Helpline

Tel: 0300 100 0212

### Family information services for information on your local Lincolnshire Children Centres

Telephone 0800 195 1635

[www.lincolnshire.gov.uk/childrencentre](http://www.lincolnshire.gov.uk/childrencentre)

### Kangaroo Club Parent Support Club

FACEBOOK site - site name Nocton Ward's Kangaroo Club.

The Trust endeavours to ensure that the information given here is accurate and impartial

If you require this information in other languages, large print, audio (CD or tape) or Braille please email the Public Information Team [patient.information@ulh.nhs.uk](mailto:patient.information@ulh.nhs.uk)



United Lincolnshire Hospitals   
NHS Trust

# Transitional Care

Supporting you and your baby

Nettleham Ward  
Lincoln County Hospital  
01522 512512 extension 582484  
[www.ulh.nhs.uk](http://www.ulh.nhs.uk)

## **Aim of the leaflet**

This leaflet aims to provide information on Transitional Care and additional information while your baby is on the unit.

## **What is Transitional Care?**

This service has been provided to enable babies with additional needs to be nursed with their mothers on Nettleham Ward. This will prevent admission to the neonatal unit thus alleviating the need for separation and reduce parental anxiety, ensuring you and your baby are discharged home as early as possible.

## **Who works on Transitional Care?**

During your stay you will meet our friendly transitional care team who are a group of specialised neonatal nurses, nursery nurses, health care support workers and medical staff.

Your midwife will also be there to look after you and your baby.

## **How will parents and baby benefit?**

We will support you and your baby during your stay.

You will be encouraged to be actively involved and included in all aspects of care regarding your baby.

Our staff will ensure that you are confident with all new skills required to ensure your baby's stay in hospital is as stress free as possible.

## **Visiting Times?**

Birth partner and baby's siblings visiting times 9.00am to 9.00pm.

All other visitors visiting times 2.00pm to 8.30pm  
Only 3 visitors allowed per bed space.

## **When you go home**

By the time your baby is ready to go home you will be fully confident with feeding and caring for your baby. Your community midwife/health visitor will arrange to visit you at home.

Occasionally your baby may be discharged from hospital whilst still requiring additional needs. If this is the case, you will be visited by a member of our Homecare Team.

