

How to contact us

Boston Team

Pilgrim Hospital Boston
Tel: 01205 446411



Louth Team

County Hospital Louth
Tel: 01507 631455



Dietitian

Lincoln County Hospital
Tel: 01522 597765

Lincoln Team
Lincoln County Hospital
Tel: 01522 573698



Grantham Team
Grantham District Hospital
Tel: 01476 464971



The Trust endeavours to ensure that the information given here is accurate and impartial.

If you require this information in another language, large print, audio (CD or tape) or braille, please e-mail the Patient Information team at patient.information@ulh.nhs.uk

Excellence in rural healthcare

The Community Neuro-Rehabilitation Outreach Team

www.ulh.nhs.uk

Community neuro-rehabilitation outreach team

We are a county-wide multi-disciplinary outreach team working within the Rehabilitation Medicine Service in Lincolnshire.

The service is made up of 4 teams based in Lincoln, Grantham, Louth and Boston. We provide a specialist inter-disciplinary assessment for adults with a long term neurological condition or following major trauma who have complex rehabilitation needs. This excludes those with Parkinson's disease or a stroke whose care is managed by a different team.

Our role is to provide assessment, advice, support and information to promote self-management and independence, to enable adults to maintain a quality of life and adjust to their changing needs.

Meet the team

Clinical Nurse Specialist:

Provides a clinical nurse specialist service to adults with long term neurological conditions or following multiple trauma with complex rehabilitation needs in the community. Working in collaboration with other colleagues and members of the multi-disciplinary team to provide the highest possible standards of care and support for patients and their families.

Specialist Neuro-Physiotherapist:

Plans individual home management programmes, advice and support. Physiotherapists have skills in promoting physical activity, re-ablement and empowering individuals through self-management.

Specialist Occupational Therapist:

Promotes health and wellbeing through occupations to enable clients to participate in everyday activities. Interventions aim to promote optimal occupational performance and function, whilst maximise clients independence.

Specialist Dietitian:

Assess individuals nutritional intakes and offer advice and support to help people meet their nutrition and hydration needs in order to improve health, rehabilitation potential and overall wellbeing.

Support Staff:

Physiotherapy and Occupational Therapy assistants help individuals to complete programmes agreed with the therapist, to aid rehabilitation and promote independence.

We have close working relationships with:

- Consultants in Rehabilitation Medicine
- Neuropsychology
- Speech and Language Therapy
- Electronic Assistive Technology Service
- Wheelchair Services
- Ashby Ward
- Social Services
- St Barnabas Lincolnshire Hospice

How to refer to us:

Ask your consultant or GP to refer to your local team via the contact details on the reverse.

We request that if you are unable to attend your allotted appointment you give us as much notice as possible to allow us to offer the appointment to someone else.